

Reg No.: _____

Name: _____

APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

First Semester B.Tech Degree (S, FE) Examination June 2024 (2019 Scheme)

Course Code: HUN 101**Course Name: LIFE SKILLS**

Max. Marks: 50

Duration: 2 Hours

PART A*Answer all questions, each carry 5 marks
(Each answer should not exceed 400 words)*

Marks

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| 1 | What are ten life skills which help in enhancing the personality of an individual? | (5) |
| 2 | What exactly is life skill training? Mention some instances and suggestions for improvement. Why is teaching life skills important? | (5) |
| 3 | Define problem-solving and creativity How do you increase your capacity for creativity and problem-solving? | (5) |
| 4 | Describe team dynamics. Provide some illustrations and techniques to enhance the performance and team relationships. | (5) |
| 5 | List different leadership styles. Describe at least three leadership traits that are necessary for success in a diverse group using examples. | (5) |

PART B*Read carefully the following case and answer the questions given below*

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| 6 | <p>Juliane Koepcke, the 17-year-old who in 1971 fell through the sky into the Amazon rainforest while still strapped to her seat, when lightning struck their plane. All 91 others on the flight were killed, leaving her the sole, miraculous survivor. Juliane's fall was cushioned by the jungle canopy, and she managed to unstrap herself, and using skills gained by living with her zoologist parents for over a year in the Peruvian rainforest, started on her walk back to civilization. In her book 'When I Fell From the Sky', Juliane says that despite her concussion and injuries, she knew only one thing "I have to get out of here... After the crash I wanted to survive, and I did the nearly impossible."</p> | (25) |
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She remembered something her Dad had told her, "When we have really resolved to achieve something, we succeed. We only have to want it, Juliane." This belief helped her plod through the terrible jungle with deadly snakes, spiders, giant

rodents, crocodiles, vultures feeding on dead people, stingrays, and piranhas, despite her own broken collar bone and a deep wound that got infested with maggots. She knew how to avoid snakes camouflaged as dried leaves, to always sleep with her back protected

When in the middle of a bad situation, there is no space for panic or terror. A cool mind drawing upon experience and wisdom – yours or acquired – is the only hope out of a difficult situation. Let go emotions, stop over-thinking. Be in the moment and take one baby step after the other. Self-awareness and knowledge are important. It was Juliane’s knowledge of the forest and her self-awareness that saved her.

Of course every situation demands new decisions, and Juliane’s survival techniques need not necessarily work in another situation for another person. But the real lesson from her story is one of dogged determination, self-awareness and of clinging on to the basic instinct for survival. That will never let anyone down!

” So long as you know what you want, just keep going straight in a focused manner, without getting distracted – and you will find your path. Knowledge gives you the weapon, and a sharp alert mind the strategy to survive even the most difficult situations.

- a) Write down the characters in this true story. Write the character sketch of Juliane. 5
- b) “Ofcourse every situation demands new decisions,” What skills are required for this? How this is aided by our life skills? 5
- c) “When we have really resolved to achieve something, we succeed. We only have to want it” comment on this assertion 5
- d) List the techniques the character employed to survive, and then support the claim. Knowledge gives you the weapon, and a sharp alert mind the strategy to survive even the most difficult situations. 5
- e) Give a real-world example to support the assertion.” So long as you know what you want, just keep going straight in a focused manner, without getting distracted – and you will find your path. 5
